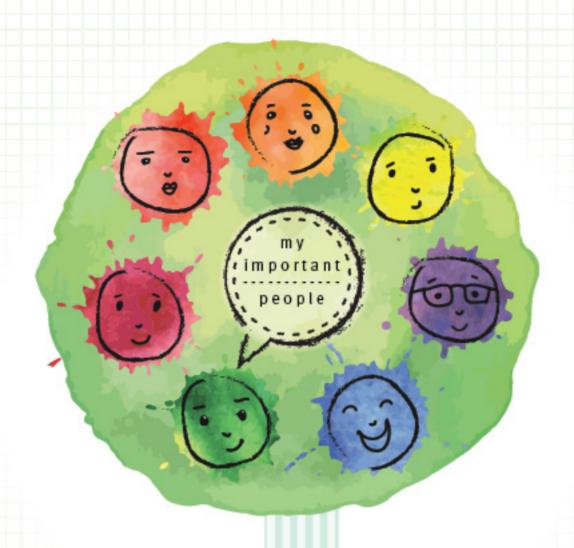


All families have happy, sad and scary times.

Sometimes families need help to

change the things that are sad or scary.

When parents need help to look after their kids, we have a meeting called a Family Group Meeting,



This is where you and
all the important people in your life
talk about how to keep you safe and well.



Your teacher, or a family member like an aunty, might be there to talk about

how you're going and

how they can help.

At the meeting, you can tell people



If there is someone you are close to and trust, you can ask them to help you say what you are feeling.

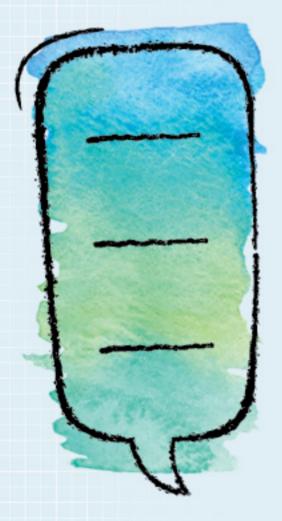
You can write a letter or draw a picture about what you are feeling.



You and your family will then get some time alone to talk about how to keep you safe.

This is called family time.







At the end of the meeting,

to keep you safe and cared for.

You and your family will get all the help you need.

You will get a copy of the plan

so you know what has been said and who needs to do what.



A person called
a Child Safety Officer will

visit you and your family

to make sure the plan is working.

We are all here because we care about you and

we want you to be safe and happy.

